

KEY WORD MAT – St Gregory's RC Primary School

Topic: Design Technology

Year Group: 3 Spring

Strand: Food Healthy and Varied Diet Making Pitta Pockets

appearance



The way that someone or something looks.

The **appearance** of food is important.

ingredients



Any of the foods or substances that are combined to make a particular dish.

I will use all the **ingredients** to bake a cake.

taste



The sensation of flavour in the mouth and throat on contact with food or drink.

I like the sweet **taste** of ice-cream.

savoury



Belonging to the category that is salty or spicy rather than sweet.

My favourite **savoury** snack is a sausage roll.

texture



The feel or consistency of a surface or substance.

I like the crunchy **texture** of a biscuit.

balanced diet



A diet consisting of a variety of different types of food and providing adequate amounts of the nutrients necessary for good health.

It's important to eat a **balanced diet**.

seasonality



The times of year when the harvest or the flavour of a given type food is at its peak.

Some food tastes better depending on their **seasonality**.

reared



Breed and raise (animals).

The calves have been **reared** for meat.

recipe



A set of instructions for preparing a particular dish, including a list of the ingredients required.

I will follow a **recipe** to make myself a sandwich.

harvested



Gather (a crop) as a harvest.

The apples have been **harvested** ready to sell in the shop.